

KEMPER COUNTY SCHOOL DISTRICT

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 9/1/2021 Crispy Toast Scrambled Eggs Assorted Fruit Juices Flavored Raisins Chocolate Milk Low Fat Milk Assorted Jellies	Thu - 9/2/2021 Peanut Butter & Jelly Sandwich Cinnamon Rolls Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 9/3/2021 Crispy Toast Scrambled Eggs Assorted Fruit Juices Flavored Raisins Chocolate Milk Low Fat Milk Assorted Jellies
Mon - 9/6/2021 CinnamonToaster Past Applesauce in a Bag Assorted Fruit Juices Chocolate Milk Low Fat Milk	Tue - 9/7/2021 French Toast Sticks Chilled Diced Pears Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup	Wed - 9/8/2021 Mini Cinnis Yogurts and Muffins Fresh Apples Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 9/9/2021 Sausage and Biscuit Fresh Bananas Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 9/10/2021 Mini Pancakes in a Bag Chilled Peach Slices Assorted Fruit Juices Chocolate Milk Low Fat Milk
Mon - 9/13/2021 Sausage & Pancake on a Stick Strawberry Toaster Pastry Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup	Tue - 9/14/2021 Chicken and Waffle Strawberry Toaster Pastry Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Wed - 9/15/2021 Breakfast Sausage Pi Yogurts and Muffins Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 9/16/2021 Sausage and Biscuit Yogurts and Muffins Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 9/17/2021 French Toast Sticks Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup
Mon - 9/20/2021 Pancakes Ham Slice Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup	Tue - 9/21/2021 Cinnamon Crunch Fille Pastry Fresh Fruit Bowl Assorted Vegetable J Chocolate Milk Low Fat Milk	Wed - 9/22/2021 Yogurts and Muffins Fruit Flavor Cereal Ba Yogurt Parfait Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Thu - 9/23/2021 Sausage and Biscuit Yogurts and Muffins Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Fri - 9/24/2021 Cheese Omelet Pancake Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup
Mon - 9/27/2021 Cinnamon Crunch Fille Pastry Mini Confetti Pancake In a Bag Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk	Tue - 9/28/2021 Chicken Patty & Biscu Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Assorted Jellies	Wed - 9/29/2021 French Toast Sticks Sausage Patty Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup	Thu - 9/30/2021 French Toast Sticks Sausage Patty Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Low Fat Milk Pancake Syrup	

This institution is an equal opportunity provider.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.